

New Yoga class location in Rancho Cucamonga!!!



The first 30 employees to register and attend the Rancho Cucamonga Yoga class will receive a free Yoga mat!!!

Day	Location	Time	Class Limit
Wednesdays	5th Street Civic Center 175 W. 5th Street San Bernardino, Ca 92415	5:15-6:15PM	25
NEW! Thursdays	CFS—Rancho Cucamonga 9518 East 9th Street Rancho Cucamonga, Ca 91730	5:15-6:15PM	30
Fridays	ARMC—Oak Room 400 N. Pepper Ave. Colton, Ca 92324	5:15-6:15PM	40

Due to space limitations, registration is REQUIRED!

To register, visit the Steps to Success Events Calendar found at:
<https://www.healthycommunity.ca/sbhr/Events/Default.aspx>.

Not registered on Steps to Success? Register using Registration Code: COSB.

Important Reminder: If you have registered and decide that you cannot attend, please unregister for the class in order to free up space for someone else to be able to attend. This can be done by clicking on the event listed on the calendar and then selecting “Leave Event.”

Questions? Contact My Health Matters! at mhm@hr.sbcounty.gov or via phone at 909-387-5787.